

Understanding your elder care options

At Bright Care, we know that getting elderly in-home care in place and understanding your options can sometimes be overwhelming. We believe staying in your own home throughout your later years is the best option and want to make arranging it a straightforward process.

Care homes

Care homes typically provides residents with a single bedroom, shared communal areas and some have outside areas for residents. There are care workers on-hand day and night to support resident's needs. Mealtimes are at set times and usually in communal areas and with other residents, Some care homes offer activities during the day as well as day trips and outings.

In-home care

With in-home care, your loved one can remain in a familiar environment, close to existing networks. With support from our carers, they can continue doing the things they enjoy. They maintain their dignity, control and independence. They also have autonomy over decisions, such as when to get up, mealtimes and receiving visitors and can keep their pets.





At Bright Care, we will ensure your loved one receives one-to-one high-quality care and regular companionship from the same, regular carers. With visits from two hours, our carers have the time to develop relationships with their clients and take them out to appointments, shopping or other leisure activities.

♡ **Hourly Daytime Care**

Daily or weekly visits from a consistent carer, or team of regular Carers, help with daily household tasks, getting out and about, support with personal daily living activities and of course companionship. With extended visits of two hours or more, we tailor the activities to individual needs.

♡ **Overnight Care**

Longer overnight visits provide a reassuring presence throughout the night and Carers are available to provide any help and assistance required.

♡ **Live-in Care**

For complete peace of mind, our Carers live alongside our clients in their own home and are on hand to assist with all areas of everyday life, 24 hours a day, 7 days a week, 365 days of the year.

For help or impartial advice, please call us on 0330 024 1327.